

PATIENT TESTIMONIAL 4-30-20

I am a 48 year old registered nurse. For several years, I experienced exhaustion upon awakening, joint pain, depression, restless legs at night and agonizing neck pain. I had spent countless hours and money on a mission to doctors of different disciplines: chiropractic, neurology, otolaryngology, dental, oral surgeon to name a few.

My most troubling problem evolved into daily debilitating headaches and facial nerve pain. I stopped socializing due to fear and pain. I was put on many different medicines to attempt to help but none did! Due to the meds, I gained weight and my depression worsened. I couldn't find help for this vicious cycle that I somehow knew was all interrelated . I kept digging for answers.

I saw Dr Perkins' survey one day, answering all questions candidly. I IMMEDIATELY GOT A CALL FROM HIM!

After our conversation, I felt hopeful.

I have completed 9 months of Dr. Perkins, care. It is a journey! I am getting restful sleep, my pain is under control and thankfully, I have my life and happiness back.

Krista and Dr. Perkins are a Godsend for me. He and I have had countless conversations about this insidious cycle of symptoms and how it can cause serious disease progress later if left untreated.

I am so grateful for our success together!

Mary W., RN